

# Fabric Flowers Mini Quilt

Designed exclusively for  
the Quilt Alliance by Allie Aller



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**M&S SCHMALBERG**  
Custom Fabric Flowers  
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attached inc   
**Mistifuse**

# Basic Supply List

In addition to the kit, you will need:

- 1 fat quarter of fabric of your choice for lettering, quilt back, and binding
- Clear monofilament thread, fine green thread for machine applique; any bobbin thread is fine (we love Aurifil thread!)
- Size 70 machine needle, if possible
- Normal sewing tools, including:
  - disappearing ink fabric marking pen
  - fine short blade scissors

Optional: beads, buttons, and/or embroidery floss for attaching your flowers



## Prepare the Background

1. Practice arranging your flowers over the printed letter and template page, to see how you want to arrange them. Play around!

2. Transfer the oval shape to the center of the background fabric, using one of the following methods:

- a. Use a light box to trace it directly onto the fabric
- b. Use tracing paper over the template, cut that out to center and draw around on your background fabric
- c. Or just cut out the oval shape from the printed template page. Then center and trace around the template.



3. Draw a line using a removable marker onto your Shades Textiles Sky background fabric, 1.5” inside the oval from the bottom edge. This will help you line up the lettering.

# Lettering

1. Cut a 2" X 7" rectangle from your lettering fabric. Iron Mistyfuse onto the backside of the rectangle.
  2. There are different ways to transfer the letters onto the prepared rectangle. My favorites are:
    - a. Trace them from the template using a lightbox, a light under a glass table, or the fabric and template taped to a window. I use a disappearing ink marker to trace my letters.
    - b. Very lightly spray the back of the paper template with temporary adhesive spray, smoothing the paper onto the prepared rectangle.
- Note:** *the font size here is 196 pt. If you wish to use a different font or word, use that size, or aim for 1 ½" X 5 ¼" for your text to fill the oval space*
3. Using sharp small scissors, cut out the letters. (*This is the hardest part of the whole project.*) Then carefully peel off the paper, if you have used method B in step 2, above.
  4. Place the cut out letters on the line in the oval. Fuse into place.
  5. Because the letters are fused, it is not necessary to sew them down. But in my example, I have used monofilament clear thread in a zig zag stitch, set at 2.0 wide, 1.5 long, to applique my letters. Use a size 70 needle if you have one.

# Add the Leaves & Flowers

1. Arrange the leaves so that their stems are just touching the oval. Use a ruler to make sure they are symmetrical, and pin them into place.



2. Using matching fine thread, machine applique around the leaves in a zig zag stitch, 2.0 wide and 1.5 long.

Here is one place you can “customize” your project. There are different options for securing the flowers:

- Sew them into place by machine, using a clear or matching thread
- Sew them into place using beads or buttons in the centers of each flower.
- Sew them into place by hand, using embroidery stitches.



3. Arrange and pin your flowers into place. I like to add them all at once.

4. Attach your flowers using one of the methods described in step 2. In this quilt, I've used different beads, choosing colors to compliment my overall design.



## Finishing: Traditional Binding

1. Pin or spray baste the completed "top", the Cream Rose Mountain Mist batting, and your own piece of backing fabric together. Optional: Mark the top with any quilting pattern you desire.

2. Quilt the project, then trim and bind with a narrow binding. In the sample below, I made my own binding out of the same fabric as the backing and lettering. My strips were cut to  $1\frac{3}{4}$ ", ironed in half lengthwise, and attached the usual way. I outline quilted the letters and stipple quilted the background.



# Finishing: Envelope Method

1. Layer the top to the batting, pin or spray basting into place.
2. Use a ruler and mat to make sure your line is perfectly horizontal, then trim the edges. Your project should be 9" X 12" at this stage.
3. Cut backing fabric to slightly larger, 9 ½" X 12 ½".

4. Layer the backing, right side down, over the trimmed top/batting, and pin around the edges, leaving a 4" section along the bottom open.

5. Sew around the perimeter starting at one side of the opening and finishing at the other, using a 1/8" seam.

6. Clip along the edge of the batting and also nick off the corners to



reduce bulk. Turn the project right side out, using the opening.



7. Press around the finished edge. Then press under the edges of the opening, clip or pin into place and then hand whipstitch the opening closed.

8. Quilt as desired!

# Thank you!

Your purchase of this kit supports the nonprofit Quilt Alliance, and its mission to document, preserve, and share the story of quilts and their makers.

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[www.quiltalliance.org](http://www.quiltalliance.org)



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Quilters' S.O.S. – Save Our Stories (QSOS)  
is the largest **oral history collection**  
about quiltmakers in the world.



A video project that captures quilt stories. **One person** talking about **one quilt** in front of **one camera** for three minutes = **another quilt story shared!**

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